

## Fellow Trip Participant:

I am in the process of making menu selections for our upcoming Grand Canyon trip. Please fill out the following Food Preference Survey and return it to me by \_\_\_\_\_ so that I can take your food preferences into consideration when I am making menu selections.

Sincerely,

## Food Preferences Survey

Name:

Phone:

E-Mail:

1. How big of an eater are you?
2. What do you eat? (*select all that apply*)

Omnivore	Vegetarian	Low Fat
Quick & Easy	Meat & Potatoes	Vegan
Other:		
3. Do you have food ALLERGIES or other important diet restrictions?  
If yes, please explain
4. What Breakfast beverages do you want/need?

Coffee	Juice	Black Tea	Green Tea
Herb Tea		Hot Cocoa	

Please list essential supplies (evaporated milk/creamers, honey, etc):
5. What breakfasts do you prefer?

Comments:
-----------
6. Do you need snacks between meals?

Favorite snacks:
------------------
7. Do you drink soda pop?

Type & amount desired per day
-------------------------------
8. Do you enjoy spicy/hot foods?
9. Do you eat desserts?
10. Do you like fresh breakfast and lunch fruit?
11. Do you want Peanut Butter available on our river trip?
12. What is the phrase that best represents your feelings about being in the Kitchen?
13. Please note anything else that I should take into consideration about your eating habits:

**\*Note to boatmen:** The availability of dry and cool storage space will influence menu choices. If you are providing a boat or other gear for the trip, please indicate here the size (in quarts) of your coolers and dimensions (in inches) of your dryboxes that will be used to pack food: