Put-In

Dinner Marble Canyon Lodge on your own

Breakfast Coffeecake, fruit, yogurt, coffee, tea, hot cocoa (Canyon REO)

Lunch River Lunch (Deli Spread) & Veggies, Fresh Fruit, Cookies (Canyon REO)

Camp 1

Dinner Spinach Salad; Chicken Curry w/ Rice; Pound Cake w/ Berry Topping & Whipped Cream

Breakfast Eggs, Bacon & Hash Browns(dehydrated)

Lunch Hummus Pockets w/ Turkey & Veggies & Cheese

Camp 2

Dinner Zippy Bean Salad w/ Fresh Tomatoes; Grilled Steak & Salmon w/ Baked

Potatoes(G); Fresh Fruit, Seasonal

Breakfast Lox & Bagels

Lunch Turkey Burritos

Camp 3

Dinner Mixed Green Salad; Tofu Stir Fry w/ Fresh Vegetables & Rice; Cheesecake or Cheesecake Bites (pre-made)

Breakfast Breakfast Burritos (hash browns dehydrated and sausage)

Lunch Deli Lunch

Camp 4

Dinner Tomato Cucumber Salad; Frozen Meat & Vegetarian Lasagna w/ Garlic Bread (2D0); Strawberry Shortcake w/ Whipped Cream

Breakfast Blueberry Pancakes with Ham

Lunch Seasonal Fresh Fruit Salad

Camp 5

Dinner Vegetable Minestrone; Herb-Citrus Chicken w/ Carrots & Couscous; Brownies (pre-made)

Breakfast Scromlets & Canadian Bacon

Lunch Curried Chicken Salad w/ Apples

Camp 6

Dinner Garden Salad; Roast Turkey Breast w/ Stuffing & Mashed Potatoes (DO); Pumpkin Whip Pie, no-bake

Breakfast Cream of Wheat with sausage

Lunch Taco Salad

Camp 7

Dinner Fiesta Salad; Beef Stroganoff w/ Egg Noodles & French Bread; Frozen Fruit Breakfast Cereal & English Muffins

Lunch Deli Lunch

Camp 8

Dinner Greek Salad; Mexican Chicken Enchiladas in a bag; Lemon Silk Pie, no-bake Breakfast Huevos Rancheros with Sausage

Lunch Tabouli & Pita

Camp 9

Dinner Hearty Garden Salad; Burgers, Dogs & Baked Beans (a couple veggie burgers too) (G); Peach Cobbler (DO)

Breakfast French Toast with bacon

Lunch Asian Chicken Salad

Camp 10

menu.txt Dinner Pesto Tomatoes & Zucchini; Pesto Pork Chops w/ Orzo; Chocolate Lovers Dessert Pie, no-bake Breakfast Eggs Benedict Lunch Taco Salad Camp 11 Dinner Citrus Salad; Grilled Steak & Baked Potatoes (G); Carrot Cake w/Cream Cheese Frosting (DO) Breakfast Cereal & Bagels with sausage Lunch Guacamole & Tortillas Camp 12 Dinner Classic Waldorf Salad; Shepherd's Pie; Dinner Cookies Breakfast Eggs, Bacon & Hash Browns(dehydrated) Lunch Deli Lunch Camp 13 Dinner Carrot Salad w/ Craisins & Walnuts in Red Wine Vinaigrette (no mayo); Pork Tenderloin & Seasoned Potatoes (G/DO); Lemon Bars(DO) Breakfast Yogurt Fruit Salad & Granola w/ Breakfast Bars with sausage Lunch Burrito Bar Camp 14 Dinner Crunchy Tomato Salad; Spaghetti, Italian Sausage w/ Garlic Bread; Cheesecake, Breakfast Scrambled Eggs & English Muffins with ham Lunch Tuna, Apple, & Raisin Salad Sandwiches Camp 15 Dinner Coleslaw w/ Mandarin Oranges & Almonds (no mayo); Chili & Corn Bread (DO); Cherry Cobbler (DO) Breakfast Apple Pancakes Lunch Bagel Lunch Camp 16 Dinner Fruit Salad; Potato Corn Chowder; Oreo Cookie Pie, no-bake Breakfast Scrambled Eggs & English Muffins Lunch Unbeatable Bean Salad w/ Salami Camp 17

Dinner Beet Salad; Cheese Enchiladas (DO); Double Chocolate Brownies w/ Walnuts & Chocolate Chips (DO)

Breakfast Jordy's Breakfast Smorgasbord

Lunch Curried Chicken Salad w/ Apples

Camp 18

Dinner Cream of Tomato Soup; Stuffed Pork Chops in a bag; Chocolate Candy Bars Breakfast Scrambled Eggs & English Muffins

Lunch Salami & Cheese

Camp 19

Dinner Apricot Honey-Glazed Carrots; Tamale Pot Pie (DO); Pineapple Upside Down Cake (DO)

Breakfast Pancakes

Lunch Burrito Bar

Camp 20

Dinner Green Bean Casserole; Tortellini Parma Rosa w/ Garlic Bread; Chocolate Mints

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Breakfast Mexican Home Fries w/ Eggs

Lunch Hiking Lunch

Camp 21

Dinner Black Beans and Corn; Mediterranean Couscous and Chicken; Blueberry Cobbler (DO)

Breakfast Oatmeal, Raisins & Nuts

Lunch Unbeatable Bean Salad w/ Salami

Camp 22

Dinner Lemon Herb Sweet Peas & Carrots; Thai Pasta w/ Peanut Sauce; Chocolate Lovers Dessert Pie, no-bake

Breakfast Blueberry Pancakes

Lunch Curried Chicken Salad w/ Apples

Camp 23

Dinner Multi-Bean Salad; Creamy Chicken & Dumplings w/ Garlic Bread; S'Mores

Breakfast Granola, Dried Fruit & Yogurt

Lunch Fried Chicken (Canyon REO)